



City of Plymouth Athletic Club

# Minors Newsletter

22nd February 2010

## Devon Sportshall League

Sunday 28th February and Sunday 14th March 2010

The next month sees the final two events in the Devon Sportshall League. Individual medals are up for grabs for the person who has performed the best in four out of the series of five meets per event.

In the team event, City of Plymouth are currently sitting in 4th place overall.

Awards are also given for the best team in each age group. Our Under 10 boys are leading their age group, while the Under 11 Girls and Under 13 Girls are both lying in second place in their respective age groups. Under 10 Girls are currently in third place.

Both events are to be held at Dawlish Leisure Centre. For further details please see the website: <http://www.plymouthac.co.uk> or speak to any of the coaches on a Monday night.

## Plymouth Athlete Katherine Endacott Takes Silver & Bronze.



Congratulations to City of Plymouth athlete Katherine Endacott on winning Silver (200m) and Bronze (60m) medals at the Aviva World Trials and UK Championships held in Sheffield earlier this month. A particular thank you to her for visiting the minors last week to show everyone her medals. She is now ranked 2nd and 4th in the UK for these events.



## Spring Warm Up Sunday 4th April 2010 Brickfields, Plymouth

The City of Plymouth Spring Warm Up is the first outside competition of the season. It provides a relaxed and fun opportunity for athletes to compete outdoors against other clubs from Devon & Cornwall. There are events for U11, U13, U15, U17, U20 and Seniors. Age as at 31/08/2010. Watch out for further details on the web as soon as they are available.

## Training Starts Outside

After Easter please bring warm clothing and waterproofs as, weather permitting, we will consider training outdoors. The coaches will let you know and keep an eye on the web.

There were some dodgy looking characters at the minors training before Christmas!!!  
More photos on the web!



## Dates to remember:

- Sunday 28th February  
Devon Sportshall League,  
Dawlish
- Sunday 14th March  
Devon Sportshall League,  
Dawlish
- Sunday 4th April  
Spring Warm Up,  
Brickfields, Plymouth
- Monday 5th April  
Easter Bank Holiday -  
No Minors Training

For further or colour copies of this newsletter or for further details on any of the above events please see the club website: <http://www.plymouthac.co.uk>