



UNDER 13 BOYS

100 metres Wind + 2.3

1	Liam	Hubbard	SDAC	14.4
2	Alistair	Tamblyn	Plymouth AC	14.5
3	Aaron	Evison	Newquay & Par	14.7
4	Graeme	Tinkler	Newton Abbot AC	15.0
5	Luke	Snetzler	Bideford AC	15.2
6	Shay	Drew	Newquay & Par	15.6
7	Cameron	Green	Cornwall AC	16.6

75m Hurdles

1	Corey	Cross	Newquay & Par	14.8
2	Jake	Carley	Mounts Bay H	17.2
3	Sam	Grannell	EVH	21.4

High Jump

1	Nicholas	Smith	Exeter H	1.15
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150 metres

1	Liam	Littlejohn	Cornwall AC	21.1
2	Alistair	Tamblyn	Plymouth AC	21.7
3	Liam	Hubbard	SDAC	22.1
4	Graeme	Tinkler	Newton Abbot AC	22.2
5	Shay	Drew	Newquay & Par	23.4
6	Matthew	Fay	Bideford AC	23.5

Long Jump U13 Boys

1	Aaron	Evison	Newquay & Par	4.38
2	Liam	Littlejohn	Cornwall AC	4.29
3	Shay	Drew	Newquay & Par	3.82
4	Ben	Hawkins		3.77
5	Luke	Snetzler	Bideford AC	3.75
6	Sam	Grannell	EVH	3.61
7	Sam	Heslop	Cornwall AC	3.58
8	Corey	Cross	Newquay & Par	3.58
9	Matthew	Fay	Bideford AC	3.37
10	Nicholas	Smith	Exeter H	3.22
11	Cameron	Green	Cornwall AC	3.17

600 metres

1	Sam	Heslop George	Cornwall AC	1.43.9
2	Graeme	Tinkler	Newton Abbot AC	1.46.5
3	Alistair	Tamblyn	Plymouth AC	1.51.4
4	Liam	Littlejohn	Cornwall AC	1.51.9
5	Corey	Cross	Newquay & Par	2.02.0
6	Matthew	Fay	Bideford AC	2.03.2
7	Nicholas	Smith	Exeter H	2.05.1

Shot

1	Liam	Hubbard	SDAC	6.10
2	Sam	Grannell	EVH	5.36
3	Cameron	Green	Cornwall AC	5.26

1200 metres

1	Xan	Wesoldwski	NDAC	4.09.4
2	Ben	Hawkins		4.15.3
3	Ned	Oliver	Bideford AC	4.15.3
4	Jake	Carley	Mounts Bay H	4.15.7
5	Dan	Tucker	SDAC	4.21.6
6	Jack	Clarke	Exeter H	4.30.5

UNDER 13 GIRLS

100 metres Race 1

Wind + 3.1

1	Rosie	Dawson	Exeter H	14.5
2	Holly	King	SWRR	14.9
3	Lottie	Jose	Mounts Bay H	15.2
4	Sophie	Digby	Plymstock RR	16.2

1200 metres

1	Jessica	Bennett	NDAC	4.10.1
2	Anju	Gaston	Exeter H	4.30.5
3	Holly	Keane	Plymouth AC	4.38.3
4	Fenella	Johnson	NDAC	4.46.9

Race 2

Wind + 4.0

1	Holly	Schulz	Exeter H	13.8
2	Abbie	Hewitt	Cornwall AC	14.3
3	Amelia	Bryant	NDAC	14.9
4	Libby	Cock	Cornwall AC	15.0
5	Hannah	Saunders	Newquay & Par	15.0

70 metres Hurdles

Wind + 1.7

1	Maria	Brett	Newquay & Par	12.2
2	Ellie	Broughton	Plymstock RR	14.9
3	Sophie	Digby	Plymstock RR	15.0

150 metres Race 1

1	Lurenda	Mudd	Gloucester AC	21.1
2	Jessica	Bennett	NDAC	22.1
3	Amelia	Bryant	NDAC	23.0
4	Libby	Cock	Cornwall AC	23.1
5	Steise	Hodgson	NDAC	23.7
6	Fenella	Johnson	NDAC	24.8

High Jump

1	Catherine	Snell	Exeter H	1.19
2	Libby	Norman	Exeter H	1.13
3	Rosie	Dawson	Exeter H	1.13
4	Amelia	Bryant	NDAC	1.10
5	Madeleine	Goodfellow	Exeter H	1.05

Long Jump U13 Girls

Race 2

1	Holly	Schulz	Exeter H	21.0	1	Charlotte	Cayton-Smith	Newquay & Par	4.34
2	Maria	Brett	Newquay & Par	21.2	2	Maria	Brett	Newquay & Par	4.17
3	Charlotte	Cayton-Smith	Newquay & Par	21.6	3	Jessica	Bennett	NDAC	4.16
4	Abbie	Hewitt	Cornwall AC	21.9	4	Libby	Cock	Cornwall AC	3.90
5	Katie	Yeomans	Newquay & Par	23.1	5	Katie	Yeomans	Newquay & Par	3.64
					6	Madeleine	Goodfellow	Exeter H	3.35

600 metres

1	Charlotte	Cayton-Smith	Newquay & Par	1.54.7
2	Katie	Yeomans	Newquay & Par	1.54.9
3	Lottie	Jose	Mounts Bay H	1.55.1
4	Steise	Hodgson	NDAC	1.55.7
5	Lurenda	Mudd	Gloucester AC	1.58.7
6	Holly	King	SWRR	2.01.2
7	Libby	Norman	Exeter H	2.14.9
8	Sophie	Digby	Plymstock RR	2.24.1

Shot (2.72 kg)

1	Karis	Harrington	Newquay & Par	8.61
2	Elizabeth	Godwin	Exeter H	6.10
3	Hannah	Saunders	Newquay & Par	6.00
4	Lurenda	Mudd	Gloucester AC	5.69

UNDER 15 BOYS

100 metres Wind +0.5

1	Jake	Fisher	N Somerset AC	13.1
2	Adam	Reed	NDAC	13.5
3	Lewis	Burges	Exeter H	13.8
4	Iain	Tinkler	Newton Abbot AC	14.3
5	Sam	Peterson	Newton Abbot AC	15.8

80m Hurdles

1	David	King	Plymouth AC	12.4
2	Edward	O'Hara	Radley AC	14.2

High Jump

1	Edward	O'Hara	Radley AC	1.60
2	David	King	Plymouth AC	1.55
3	Kieran	Luxton	Exeter H	1.55
4	Sam	Peterson	Newton Abbot AC	1.30

200 metres Wind + 1.9

1	Adam	Reed	NDAC	27.4
2	Iain	Tinkler	Newton Abbot AC	29.1
3	Alex	Hunt	Axe Valley R	30.1
4	Bradley	Green	Plymouth AC	32.1

Long Jump

1	Harry	Edney	Bideford AC	4.25
2	Lewis	Burgess	Exeter H	4.19
3	Aidan	Evison	Newquay & Par	4.17
4	Sam	Peterson	Newton Abbot AC	3.68
5	Adam	Caunter	Newton Abbot AC	3.67

400 metres

1	Edward	O'Hara	Radley AC	60.1
2	Alex	Hunt	Axe Valley R	68.0

800 metres

1	Hugh	Bayley	Exeter H	2.23.3
2	Alex	Hunt	Axe Valley R	2.41.7

Triple Jump

1	Jake	Fisher	N Somerset AC	11.10
2	Adam	Reed	NDAC	10.27

1500 metres

1	Blair	Brown	Taunton AC	4.34.9
2	Simon	Cooper	Taunton AC	4.35.9
3	Rowan	Preece	Taunton AC	4.44.0
4	Alex	Carter	Team Bath	4.45.6
5	Sam	Fice	Newton Abbot AC	4.55.1
6	Isaac	Taschimowitz	Taunton AC	5.05.2
7	Adam	Caunter	Newton Abbot AC	5.11.1
8	Joshua	Jack	Plymouth AC	5.12.9
9	Harry	Edney	Bideford AC	6.16.6

Shot

1	Jake	Fisher	N Somerset AC	8.70
2	sy	Chapman	Newquay & Par	7.27
3	Iain	Tinkler	Newton Abbot AC	6.80

Discus

1	Alistair	Tuck	Dorchester AC	25.55
2	Jonathan	Clayton	Bristol & West	25.18
3	Sy	Chapman	Newquay & Par	16.58

3000 metres

1	Aidan	Evison	Newquay & Par	10.47.4
2	Aaron	Jose	Mounts Bay H	10.51.2

Javelin 600g

1	Robin	Danaher	Taunton AC	46.40
2	Bradley	Green	Plymouth AC	28.31
3	Aaron	Evison U13	Newquay & Par	25.84
4	Aidan	Evison	Newquay & Par	24.80

Hammer

1	Alistair	Tuck	Dorchester AC	29.67
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UNDER 15 GIRLS

100 metres Race 1 Wind +1.2

1	Rebecca	Phillips	NDAC	14.0
2	Gabi	Tillson-Hawke	Exeter H	14.4
3	Lauren	Clapp	Exeter H	14.6
4	Emma	O.Hara	Radley AC	14.9
5	Jessie	Winder	Exeter H	14.6

75m Hurdles

1	Beth	Skinner	Exeter H	12.7
2	Holly	Molesworth	EVH	13.0
3	Kimberley	Morgan	NDAC	15.9

Race 2 Wind + 2.8

1	Rebecca	Brown	Exeter H	12.6
2	Lamorna	Newman	Cornwall AC	12.8
3	Sophie	O'Neill	Torbay AC	13.4
4	Chloe	Gimbuta	Exeter H	13.6
5	Jazmin	Gould	Plymouth AC	13.8
6	Kiani	Pay	Cornwall AC	14.5

High Jump

1	Megan	Higginson	Newton Abbot AC	1.47
2	Alice	Vage	Cornwall AC	1.47
3	Rebecca	Brown	Exeter H	1.44
4	Kimberley	Morgan	NDAC	1.41
5	Kiani	Ray	Cornwall AC	1.41
6	Chloe	Carley	Mounts Bay H	1.38
7	Jessie	Winder	Exeter H	1.15

200 metres Wind + 0.2

1	Rebecca	Brown	Exeter H	26.7
2	Jazmin	Gould	Plymouth AC	28.0
3	Chloe	Gimbuta	Exeter H	28.5
4	Rebecca	Phillips	NDAC	28.5
5	Rosie	Chamberlain	Exeter H	29.5
6	Megan	Hansen	EVH	29.9
7	Gabi	Tillson-Hawke	Exeter H	30.2
8	Lauren	Clapp	Exeter H	30.4

Long Jump

1	Sophie	O'Neill	Torbay AC	4.67
2	Chloe	Gimbuta	Exeter H	4.64
3	Kiani	Pay	Cornwall AC	4.37
4	Kimberley	Morgan	NDAC	4.29
5	Rebecca	Phillips	NDAC	4.19
6	Keiley	Macdonald	Taunton AC	3.93
7	Beth	Skinner	Exeter H	3.86
8	Lauren	Clapp	Exeter H	3.81

300 metres

1	Lamorna	Newman	Cornwall AC	42.9
2	Holly	Molesworth	EVH	46.9
3	Megan	Hansen	EVH	48.1

Triple Jump

1	Sophie	O'Neill	Torbay AC	10.00
2	Beth	Skinner	Exeter H	9.86
3	Megan	Hansen	EVH	8.91
4	Emily	Ruffell-Hazell	Taunton AC	8.50

800 metres

1	Jess	Harvey	EVH	2.31.6
2	Chloe	Carley	Mounts Bay H	2.34.1
3	Bethany	Harrison	Taunton AC	2.36.3
4	Alice	Vage	Cornwall AC	2.39.1
5	Susie	McLaren	Exeter H	2.52.2
6	Kelsey	Fitzgerald	Exeter H	3.12.6

Shot

1	Emma	O.Hara	Radley AC	8.74
2	Lamorna	Newman	Cornwall AC	7.68
3	Lucy	Smith	Exeter H	7.18
4	Leanna	Fay	Bideford AC	7.00

1500 metres

1	Rosie	Chamberlain	Exeter H	5.06.2
2	Annie	Ingram	Team Bath	5.19.6
3	Katie	Burns	Plymouth AC	5.23.4
4	Emily	Ruffell-Hazell	Taunton AC	5.28.4
5	Harriet	Rogers	Taunton AC	5.34.3
6	Samantha	Walker	Torbay AC	5.40.2
7	Ailsa	Sharrock	Newquay & Par	5.46.2
8	Keiley	Macdonald	Taunton AC	5.51.0
9	Leanna	Fay	Bideford AC	6.16.1

Discus

1	Emma	O.Hara	Radley AC	22.70
2	Lucy	Smith	Exeter H	13.63

Javelin

1	Lucy	Smith	Exeter H	20.41
2	Leanna	Fay	Bideford AC	19.30
3	Samantha	Walker	Torbay AC	16.85

UNDER 17 MEN

100 metres Wind +1.7

1	Tyler	Johnson	Plymouth AC	11.8
2	Alec	Crowter	Exeter H	11.9
3	Ryan	Brend	NDAC	12.0
4	Sam	Stacey	SDAC	12.0
5	Byron	Fitzgerald	Exeter H	12.3
6	James	Norman	NDAC	12.5
7	Joshua	Tunstall	Exeter H	12.9

High Jump

1	Vincent	Berry	Exeter H	1.67
2	Callum	Evison	Newquay & Par	1.45

Long Jump

1	Joshua	Tunstall	Exeter H	5.45
2	Jake	Parmenter	NDAC	5.30
3	Sam	Stacey	SDAC	5.25
4	Chris	Harris	Newquay & Par	5.13
5	Andrew	Reed	EVH	5.02

200 metres

					Triple Jump				
1	Tyler	Johnson	Plymouth AC	23.5	1	Jake	Parmenter	NDAC	11.01
2	Alec	Crowter	Exeter H	23.9	2	Vincent	Berry	Exeter H	10.86
3	Sam	Stacey	SDAC	24.6					
4	James	Norman	NDAC	25.5					
5	Ben	Gilbert	EVH	25.8	Shot				
6	Chris	Smith	SDAC	26.7	1	Liam	Biddlecombe	Yeovil O	14.28
7	Thomas	Cawsey	Bideford AC	28.0	2	Matthew	Halton	Newquay & Par	13.96
400 metres					3	Ashley	Andrews	Forest of Dean	11.11
1	Alec	Crowter	Exeter H	54.6	4	Andrew	Elkins	Bournemouth AC	10.89
2	Ben	Gilbert	EVH	56.7	5	Ben	Conibear	SDAC	10.36
3	Chris	Smith	SDAC	58.5	Discus				
800 metres					1	Liam	Biddlecombe	Yeovil O	45.69
1	Eliot	Buckner	KEVICS	2.12.0	2	Andrew	Elkins	Bournemouth AC	35.98
2	Joshua	Tunstall	Exeter H	2.13.2	3	Ashley	Andrews	Forest of Dean	34.03
3	Andrew	Reed	EVH	2.17.2	4	Michael	King	Plymouth AC	32.28
1500 metres					5	Matthew	Halton	Newquay & Par	31.67
					Javelin				
1	Charlie	Macleane	Taunton AC	4.26.5	1	Steve	Turnock	Exeter H	52.87
2	Ben	Phillips	Taunton AC	4.27.7	2	Ben	Conibear	SDAC	41.18
3	Tom	Beer	Team Bath	4.32.2	3	Callum	Evison	Newquay & Par	29.54
4	Andrew	Reed	EVH	4.51.1	Hammer				
5	Thomas	Cawsey	Bideford AC	5.14.5	1	Andrew	Elkins	Bournemouth AC	55.90
3000 metres					2	Ashley	Andrews	Forest of Dean	42.30
1	Andrew	Smith	Tiverton H	10.05.4	3	Matthew	Halton	Newquay & Par	40.92
2	Daniel	Clapp	Axe Valley R	10.44.6	4	Matt	Norton		30.81
100 metres Hurdles Wind + 3.3									
1	Ben	Conibear	SDAC	14.8					
2	Robin	Swift	Torbay AC	15.3					
3	Vincent	Berry	Exeter H	16.1					
400 metres Hurdles									
1	Byron	Fitzgerald	Exeter H	66.1					
	Robin	Swift	Torbay AC	dis					
UNDER 17 WOMEN									
100 metres Wind + 2.0					80 metres Hurdle Wind +1.6				
1	Amy	Wakeham	Exeter H	13.1	1	Amy	Wakeham	Exeter H	12.1
2	Charlotte	Maxwell	Exeter H	13.2	2	Charlotte	Maxwell	Exeter H	12.4
3	Kerry	Gale	Exeter H	13.4	3	Jenny	Robinson	Exeter H	12.5
4	Kiah	Rosenstein	Plymouth AC	13.7	4	Philippa	Brett	Newquay & Par	13.2
5	Bethany	Scattergood	NDAC	13.7	5	Thuza	Edworthy	Newton Abbot AC	13.4
200 metres					6	Louise	Way	NDAC	15.1
1	Hayley	Harvey	Plymouth AC	26.3	300m Hurdles				
2	Katie	Hewitt	Cornwall AC	27.2	1	Thuza	Edworthy	Newton Abbot AC	48.5
3	Kerry	Gale	Exeter H	27.7	2	Caroline	Parmenter	NDAC	54.2
4	Bethany	Scattergood	NDAC	28.2	High Jump				
5	Kiah	Rosenstein	Plymouth AC	28.7	1	Sarah	Williamson	Cornwall AC	1.60
97	Amy	Wakeham	Exeter H		2	Louise	Way	NDAC	1.55
300 metres					3	Adrienne	Richards	Newton Abbot AC	1.50
1	Hayley	Harvey	Plymouth AC	41.4	4	Emma	Nightingale	Cornwall AC	1.45
2	Katie	Hewitt	Cornwall AC	42.6	5	Caroline	Parmenter	NDAC	1.40
3	Thuza	Edworthy	Newton Abbot AC	45.4	Long Jump				
800 metres									

1	Laura	James	Taunton AC	2.33.3	1	Louise	Way	NDAC	5.05
2	Cara	Tucker	SDAC	2.36.2	2	Philippa	Brett	Newquay & Par	4.49
					3	Anna	Rust	Exeter H	4.44
3.00	1500 metres U17 Women				4	Sarah	Turner	Bideford	3.19
1	Catherine	Blew	Taunton AC	4.45.1	Shot				
2	Sarah	Turner	Bideford AC	6.58.3	1	Julia	Walkden	Exeter H	9.57
3000 metres					2	Sarah	Turner	Bideford AC	5.23
1	Emily	Bliss	Exeter H	11.13.2	Discus				
2	Amy	Rundle	Cornwall AC	11.19.5	1	Julia	Walkden	Exeter H	38.51
5000 metres					2	Megan	Tuck	Dorchester AC	29.87
1	Anna	Rust	Exeter H	20.04.0	Javelin				
					1	Izzy	Jeffer	NDAC	41.99
					2	Philippa	Stiff	Plymouth AC	23.25
					Hammer				
					1	Megan	Tuck	Dorchester AC	32.42
U20 MEN, MEN & MASTERS									
100 metres		Race 1	Wind -0.2		100m hurdles Men 50		Wind +3.3		
1	Scott	Foster U20	Exeter H	11.7	1	Clive	Pengelly	Newquay & Par	16.9
2	Matthew	Peterson	Newton Abbot AC	11.9	400 m Hurdles				
3	Sam	Peters U20	EVH	11.9	1	Andrew	Faulkner	Yeovil O	57.2
4	Mark	Bannan M50	SWVAC	13.1	2	Matt	Parsley U20	Exeter H	58.7
5	Mario	Lapka M50	Exeter H	13.2	3	Geoff	Hill	Exeter H	59.3
					4	Lee	Salter	Exeter H	68.6
					High Jump				
					1	Matthew	Gilbert U20	Plymouth AC	1.90
					2	Ian	Allen M40	Exeter H	1.65
200 metres		Race 1	Wind + 1.9		Long Jump				
1	Paul	Hindle	Newton Abbot AC	23.8	1	Alex	Macgregor U20	Exeter H	6.19
2	Stephen	Barber	Team Bath	25.2	2	Ian	Allen M40	Exeter H	6.15
3	Mark	Bannan M50	SWVAC	26.2	3	Matt	Petersen	Newton Abbot	5.99
4	Clive	Pengelly M50	Newquay & Par	26.6	4	Mathew	Harris U20	Newquay & Par	5.90
					5	Mario	Lapka M50	Exeter H	5.14
					Triple Jump				
					241	Duncan	Steward M?	Yeovil O	8.94
1	Andrew	Faulkner	Yeovil O	22.3					
2	Richard	Scott	Exeter H	23.3					
3	Scott	Foster U20	Exeter H	23.4					
4	Geoff	Hill	Exeter H	23.4					
5	Sam	Peters U20	EVH	23.6					
6	Matthew	Cawsey U20	Bideford AC	24.2					

400 metres					Race 1					Shot U20 6kg				
1	Stephen	Barber	Team Bath	57.9	1	Jay	Hill	Newquay & Par	10.62					
2	David	Robinson M50	Exeter H	59.5						Shot Men 7.26 kg				
3	Brian	Charters M45	Newton Abbot AC	61.8						1	Simon	Bennett M35	Woodford Gn	13.44
4	Graeme	Kay M50	SDAC	62.7						2	Michael	Small M50	Exeter H	12.70
5	Lyndsey	Fairbrother M65	Exeter H	64.9						3	Rob	Woodger	Exeter H	11.18
										4	Jon	Milum M40	Exeter H	11.06
										5	Duncan	Steward M?	Yeovil O	9.27
										6	Darren	Andrews M35	Forest of Dean	8.33
										7	Michael	Grannell M35	EVH	7.19
										Discus Men U20 1.75 kg				
										1	Martyn	Elkins	Shaft/Barnet	38.78
										2	Jay	Hill	Newquay & Par	34.91
										3	Luke	Sings	Plymouth AC	32.62
										4	Alex	Macgregor	Exeter H	31.05
										Discus Men 2 kg				
										1	Michael	Small M50	Exeter H	41.27
										2	Jon	Milum M40	Exeter H	36.82
										3	Darren	Andrews M35	Forest of Dean	25.61
										4	Michael	Grannell M35	EVH	22.79
										Discus M50				
										1	Clive	Pengelly	Newquay & Par	29.88
										Javelin				
										1	Mike	Tarran	Birchfield H	58.97
										2	Simon	Bennett M35	Woodford Gn	58.21
										3	Matt	Smith U20	Exeter H	55.98
										4	Simon	Klys U20	Taunton AC	44.71
										5	Luke	Sings U20	Plymouth AC	41.08
										6	Peter	Heathman U20	Newton Abbot AC	36.21
										7	Michael	Grannell M35	EVH	22.80
										Hammer U20 6kg				
										1	Jay	Hill	Newquay & Par	51.82
										2	Martyn	Elkins	Shaft/Barnet	41.30
										Hammer Men 7.26 kg				
										1	Jon	Milum M40	Exeter H	44.87
										2	Michael	Small M50	Exeter H	40.67
										3	Rob	Woodger	Exeter H	36.83
										4	Darren	Andrews M35	Forest of Dean	27.39
										3000 metres				
1	Dennis	Comissar M50?	SDAC	19.14.6										

WOMEN

100 metres Race 1 Wind + 3.3

1	Jo	Ross	Cornwall AC	13.7
2	Georgina	Martin W35	NDAC	14.4
3	Jackie	Wakeham W40	Unatt	14.7
4	Clare	Frank W35	Exeter H	15.0

80m Hurdles

1	Jacky	Brett W40	Newquay & Par	12.4
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3000 metres

1	Katherine	Humphreys	Exeter H	10.21.8
2	Naomi	Taschimowitz	L Taunton AC	10.43.1
3	Rachel	Heard U20	Taunton AC	11.21.5

Race 2 Wind + 4.3

1	Deborah	Fleming U20	Cornwall AC	12.7
3	Christie	Smith U20	Cornwall AC	13.0
5	Joedy	Platt	NDAC	13.0
4	Abbie	Morris	EVH	13.3
2	Sarah	Mageean	Newquay & Par	13.5

400m Hurdles

1	Lucy	Beer U20	Team Bath	75.0
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200 metres Race 1 Wind + 5.6

1	Sarah	Mageean	Newquay & Par	27.4
2	Hayley	Steward	Yeovil O	27.7
3	Leanne	Glover U20	NDAC	28.3
4	Jo	Ross	Cornwall AC	28.3
5	Georgina	Martin W35	NDAC	29.4
6	Clare	Frank W35	Exeter H	30.7

High Jump

No competitors

Long Jump

1	Hayley	Steward	Yeovil O	4.78
2	Olivia	Steward	Yeovil O	4.02
3	Marie	Hudson	Newquay & Par	4.01

Race 2 Wind + 3.7

1	Sophie	Skinner U20	Exeter H	25.6
2	Deborah	Fleming U20	Cornwall AC	26.9
3	Christie	Smith U20	Cornwall AC	26.9
4	Joedy	Platt	NDAC	27.6

Shot

1	Rachel	Higgs	NDAC	8.99
2	Hayley	Steward U20	Yeovil O	8.70
3	Joedy	Platt	NDAC	8.66
4	Hayley	Green U20	Bristol & West	7.84
5	Olivia	Steward U20	Yeovil O	7.35
6	Clare	Frank W35	Exeter H	7.28

400 metres

1	Emily	Weeks U20	Exeter H	60.1
2	Leah	Paulley	Newquay & Par	61.0
3	Amanda	Evans	Exeter H	62.2
4	Leanne	Glover	NDAC	64.4
5	Robyn	Keane U20	Plymouth AC	66.9
6	Lucy	Beer U20	Team Bath	67.3
7	Georgina	Martin W35	NDAC	68.5

Discus

1	Katie	Wickman U20	NDAC	42.23
2	Hayley	Green U20	Bristol & West	29.37
3	Sylvia	Steward	Yeovil O	19.36

Javelin U20

800 metres

1	Emily	Weeks U20	Exeter H	U20
2	Robyn	Keane U20	Plymouth AC	U20

1	Emily	Martin	Newton Abbot	29.03
2	Sophie	Skinner	Exeter H	28.65
3	Hayley	Steward	Yeovil O	25.12

Hammer

1500 metres

1	Chloe	Anderson U20	Exeter H	4.47.7
2	Caroline	Steven W??	Newquay & Par	5.01.0
3	Jackie	Walpole	Exeter H	5.13.3

1	Christina	Jones	Bristol & West	38.26
2	Alice	Seabrook U20	Yate & Dist	32.60
3	Rachel	Higgs	NDAC	32.55
4	Hayley	GreenU20	Bristol & West	31.75