



HAMMER U17 MEN

U17						
1	Sam Roach	NDAC	27.34			
2	Max Gratton	Tavi AC	19.80			
3	Michael Gaunt	NDAC	9.37			

UNDER 20 MEN

T15	200 METRES U20 MEN	Wind -5.4	
1	Owen Styler	Torbay AC	24.18
2	Byron Fitzgerald	Exeter H	24.90
3	Sam Martin	NDAC	25.23
T29	800 METRES U20 MEN		
1	Sam Petty	NDAC	1.57.70
2	Eliot Buckner	EVH	2.04.35
3	Jack Hutchens	NDAC	2.07.61
4	Andrew Reed	EVH	2.09.09
T26	110m HURDLES U20 Men	Wind -4.4	
1	Ben Conibear	Exeter H	20.45
2	Oliver Wright	Plymouth AC	20.58
T1	400 METRES HURDLES U17M, U20M & MEN		
1	Matt Sumner U20	Plymouth AC	54.94
2	Byron Fitzgerald U20	Exeter H	59.23
3	Chris Tucker U20	NDAC	65.42

U20 MEN TRIPLE JUMP

U20			
1	Jake Parmenter	NDAC	12.94
2	Sam Petty	NDAC	10.77

T38	2000m STEEPLECHASE	U20 MEN	
1	Andrew Reed	EVH	7.00.00
	U20 MEN SHOT		
1	Oliver Wright	Plymouth AC	11.87
2	Ben Conibear	Exeter H	11.10
	DISCUS U20 MEN		
1	Oliver Wright	Plymouth AC	36.81
2	Ben Conibear	Exeter H	34.79

MEN AND MASTERS

T17	200 METRES MEN & MASTERS	Wind - 3.1	
1	Mark Robotham	Plymouth AC'	23.77
2	Lee Brailey M40	NDAC	27.56
3	Mark Turner M45	Exeter H	27.93
4	Stephen Blackford M45	Plymouth AC	30.50
5	Steve Waddington M55	SDAC	32.00
6	Terry Pike M45	NDAC	38.33
T30	800 METRES MEN, M35 & M40		
1	Daniel Strang	Exeter Uni	2.01.19
2	Jack Bancroft	Wells City/Ex Uni	2.01.41
3	Daniel Price	Exeter Uni	2.02.18
4	Thomas Humphrey	Exeter Uni	2.05.57
5	Steven Waldron	Plymouth AC	2.05.75
T31	800 METRES M45+		
1	Mark Turner M45	Exeter H	2.29.81
2	Lee Brailey M40	NDAC	2.30.47
3	Adrian Millership M50	Plymouth AC	2.30.54
4	Peter Rigler M35	Tipton H	2.33.88
5	Stephen Blackford M50	Plymouth AC	2.50.74
6	Ian Snow M55	Torrington AC	2.51.79
7	Terry Pike M45	NDAC	3.28.26
	3000m Masters		
1	Ian Snow M55	Torrington AC	11.05.56
2	Adrian Millership M50	Plymouth AC	11.27.93
3	David King M55	SWVAC	11.59.46
T27	110m HURDLES Men & Masters	Wind - 4.4	
1	Richard Scott M35	Exeter H	17.48
2	James Cook	Exeter H	17.59
	110M HURDLES M50/55		

400 M HURDLES MEN

1	Mark Linskill SM	NDAC	60.04
2	Richard Scott M35	Exeter H	55.36

400M HURDLES M50+

1	Stephen Blackford M50	Plymouth AC	85.17
2	John Drennan M55	SDAC	97.10

TRIPLE JUMP MEN

1	James Cook	Exeter H	11.98
2	Ian Allen M40	Exeter H	11.92
3	Stephen Blackford M50	Plymouth AC	7.69

SHOT MEN

1	David Dawson	Exeter H	12.94
2	Rob Woodger	Exeter H	11.06
3	Matt Woodger	Newton Abbot AC	10.23

DISCUS MEN & MASTERS

1	David Dawson	Exeter H	36.92
2	Luke Sings	Plymouth AC	34.44
3	Rob Woodger	Exeter H	32.38
4	Matt Woodger	N Abbot AC	31.69

M40/45			
1	Jon Milum	Exeter H	32.04
M60			
1	Colin Petty	NDAC	28.20

1	Steve Waddington M55	SDAC	21.53	F9	HAMMER U17M U20M MEN & M35+		
2	Stephen Blackford M50	Plymouth AC	22.43				
1	John Cooper	Plymouth H	10.49.76				
2		422	10.55.23				
3	Peter Rigler M35	Tipton	12.32.29	U20			
4	Ian Snow M55		13.31.40	1	Rob Overney	NDAC	15.58
5	Stephen Blackford M50	Plymouth AC	14.25.28	SEN			
6	John Drennan M55	SDAC	14.26.92	1	Billy Morley-Williams	NDAC	42.96
	Michael Robbins	Exeter Uni	DNF	2	Rob Woodger	Exeter H	36.91
				3	David Dawson	Exeter H	35.52
				M45			
				1	Jon Milum	Exeter H	46.87

#### UNDER 13 GIRLS

T7	100 METRES U13 GIRLS	Heat 1 Wind -4.3		F10	HIGH JUMP U13 GIRLS		
1	Jessica Dobson	Newton Abbot AC	14.39	1	Jade Simson	Plymouth AC	1.43
2	Christina Brend	NDAC	14.83	2	Anya Turner	Exeter H	1.37
3	Amalia Gimbuta	Exeter H	15.40	3	Evie Gubb	NDAC	1.28
4	Nell Hemansbrook	NDAC	15.79	4	Mollie Roach	NDAC	1.10
5	Amber Oreshko	NDAC	17.19	5	Jodie Stacey	Tavi AC	1.10
6	Lily Mills	Tavi AC	17.77	6	Amber Oreshko	NDAC	1.05
		Heat 2 Wind -5.3		F6	LONG JUMP U13 GIRLS		
1	Laurie Dawkins	Exeter H	15.17	1	Jade Simson	Plymouth AC	4.50
2	Rachael Webb	Newton Abbot AC	15.52	2	Laurie Dawkins	Exeter H	4.33
3	Liberty May	NDAC	15.73	3	Amalia Gimbuta	Exeter H	4.30
4	Anya Turner	Exeter H	15.99	4	Evie Gubb	NDAC	4.27
5	Darcey Phillips-McCarthy	NDAC	16.64	5	Nell Hemansbrook	NDAC	3.79
6	Jessie Taylor	EVH	17.12	6	Nicola McMillan	NDAC	3.74
		Heat 3 Wind -5.3		7	Liberty May	NDAC	3.70
1	Lucy Hooper	Plymouth AC	15.57	8	Rachael Webb	Newton Abbot AC	3.62
2	Evie Gubb	NDAC	15.86	9	Jodie Stacey	Tavi AC	3.62
3	Nicola McMillan	NDAC	16.00	10	Christina Brend	NDAC	3.56
4	Georgia Sargent	NDAC	16.15	11	Jessie Taylor	EVH	3.42
5	Jodie Stacey	Tavi AC	17.39	12	Rebecca Tinkler	Newton Abbot AC	3.40
		FINAL Wind -2.6		13	Mollie Roach	NDAC	3.31
1	Jessica Dobson	Newton Abbot AC	14.02	14	Darcey Phillips-McCarthy	NDAC	3.12
2	Laurie Dawkins	Exeter H	14.45	15	Lily Mills	Tavi AC	3.05
3	Christina Brend	NDAC	14.48	F13	JAVELIN U13 GIRLS		
4	Lucy Hooper	Plymouth AC	14.62	1	Anya Turner	Exeter H	16.83
5	Rachael Webb	Newton Abbot AC	14.94	2	Jessica Dobson	Newton Abbot AC	16.65
6	Amalia Gimbuta	Exeter H	15.22	3	Laurie Dawkins	Exeter H	14.89
T37	600 METRES U13 GIRLS FINAL			4	Lily Mills	Tavi AC	11.88
1	Victoria Weir	Plymouth AC	1.51.49	5	Yasmin Wafai	NDAC	10.01
2	Chloe Howard	Exeter H	1.57.95	6	Mollie Roach	NDAC	9.18
3	Nell Hemansbrook	NDAC	2.01.77	T41	4 X 100 METRES	U13 GIRLS	
4	Rachael Webb	Newton Abbot AC	2.05.87	1	Exeter H		59.34
5	Jessie Taylor	EVH	2.15.06	2	NDAC A		60.51
6	Rebecca Tinkler	Newton Abbot AC	2.15.36	3	NDAC B		60.60
7	Yasmin Wafai	NDAC	2.21.83				

#### UNDER 15 GIRLS

T8	100 METRES U15 GIRLS	Heat 1 Wind -4.0		T4	800 METRES U15 GIRLS		
1	Fleur Millership	Plymouth AC	13.92	1	Carrie Robertson-Bell	EVH	2.26.96
2	Holly Stewart	Plymouth AC	14.38	2	Jessica Strang	Plymouth AC	2.27.35
3	Miranda Hardacre	EVH	14.60	3	Jess Bennett	NDAC	2.34.12.
4	Jessica Strang	Plymouth AC	14.61	4	Kate Vine	Exeter H	2.37.98
5	Chloe Livingstone	Newton Abbot AC	14.87	5	Chloe Regan	NDAC	2.39.04
		Heat 2 Wind -3.6		6	Niamh Rees-Docherty	NDAC	2.54.80
					3000 METRES		



3	Hayley Harvey	Plymouth AC	13.4	82	Rebecca Chapman	Exeter H	4.91
4	Jo Devine	NDAC	14.49	83	Anna Rust	Exeter H	4.18
T11 100 METRES WOMEN				Wind -5.3			
				SEN			
1	Katherine Endacott	Plymouth AC	12.57	1	Sophie Skinner	Exeter H	5.84
2	Claire Linskill	NDAC	13.66	2	Claire Linskill	NDAC	5.54
3	Lauren Searles	Exeter H	13.69	F17 JAVELIN U20W WOMEN			
4	Rebecca Courtenay	Exeter Uni	13.78	U20			
5	Georgina Martin W40	NDAC	15.23	1	Rebecca Chapman	Exeter H	31.50
T34 400 METRES U20W, WOMEN & W40				2	Lauren Anning	EVH	27.74
1	Hayley Harvey U20	Plymouth AC	59.26	3	Jenny Robinson	Exeter H	23.30
2	Katherine Humphreys	Exeter H	62.7	SEN			
3	Keri Genders	Unatt	62.96	1	Sophie Skinner	Exeter H	31.23
4	Jo Devine U20	NDAC	64.9	2	Rebecca Courtenay	Exeter Uni	15.85
5	Georgina Martin W40	NDAC	66.92				
6	Helen Weir W45	Plymouth AC	71.79				
T6 800 METRES U20 WOMEN & WOMEN							
1	Katherine Humphreys SW	Exeter H	2.21.39				
2	Emily Bliss U20	Exeter H	2.24.26				
3	Lauren Anning U20	EVH	2.29.91				
W55							
1	Jackie Walpole	Exeter H	2.35.14				