

**NORTH DEVON ATHLETIC CLUB**  
**YOUNG ATHLETES MEETING**

***Sunday 27th June 2010***

**NDAC, Braunton Track, Wrafton, Braunton, North Devon,**  
**Tel 01271 814975**



**TRACK EVENTS**

<b>11:00</b>	Heats	75m	G/B	Under	10
	Heats	75m	G/B	Under	11
<b>11:25</b>	Heats	100m	G/B	Under	12
	Heats	100m	G/B	Under	13
	Heats	100m	G/B	Under	14
	Heats	100m	G/B	Under	15
<b>11:50</b>	Final	600m	G/B	Under	10/11
<b>12:10</b>	Final	800m	G/B	Under	12
	Final	800m	G/B	Under	13
	Final	800m	G/B	Under	14
	Final	800m	G/B	Under	15
<b>12:30</b>	Heats	150m	G/B	Under	10
	Heats	150m	G/B	Under	11
<b>13:00</b>	Heats	200m	G/B	Under	12
	Heats	200m	G/B	Under	13
	Heats	200m	G/B	Under	14
	Heats	200m	G/B	Under	15
<b>13:30</b>	<b><u>Track Break - Presentations</u></b>				
<b>14:30</b>	Final	50m Hurdles	G/B	Under	10/11
	Final	70m Hurdles	G	Under	12/13
	Final	75m Hurdles	G	Under	14/15
	Final	75m Hurdles	B	Under	12/13
	Final	80m Hurdles	B	Under	14/15
<b>15:30</b>	Final	1500m	G/B	Under	12/13
	Final	1500m	G/B	Under	14
	Final	1500m	G/B	Under	15
<b>15:50</b>	Final	75m	G/B	Under	10
	Final	75m	G/B	Under	11
<b>16:05</b>	Final	100m	G/B	Under	12
	Final	100m	G/B	Under	13
	Final	100m	G/B	Under	14
	Final	100m	G/B	Under	15
<b>16:20</b>	Final	150m	G/B	Under	10
	Final	150m	G/B	Under	11
<b>16:35</b>	Final	200m	G/B	Under	12
	Final	200m	G/B	Under	13
	Final	200m	G/B	Under	14
	Final	200m	G/B	Under	15
<b>16:45</b>	Relays	5 * 80m	G/B	Under	11
	Relays	4 * 100m	G/B	Under	13
	Relays	4 * 100m	G/B	Under	15
<b>17:00</b>	<b>Presentations</b>				

**FIELD EVENTS**

<b>11:00</b>	Shot	G	Under	14/15
	High Jump	G	Under	12/13
<b>11:15</b>	Long Jump	G	Under	14/15
	Javelin	B	Under	14/15
<b>11:45</b>	Javelin	G	Under	14/15
	Shot	B	Under	14/15
<b>12:00</b>	High Jump	B	Under	12/13
	Long Jump	G	Under	10/11
<b>13:10</b>	Vortex Throw	B	Under	10/11
<b>13:30</b>	Shot	B	Under	12/13
	Long Jump	G	Under	12/13
	High Jump	B	Under	14/15
<b>14:00</b>	Vortex Throw	G	Under	10/11
	Long Jump	B	Under	12/13
<b>14:15</b>	Shot	G	Under	12/13
	Javelin	B	Under	12/13
<b>14:45</b>	Long Jump	B	Under	10/11
<b>15:00</b>	High Jump	G	Under	14/15
	Javelin	G	Under	12/13
<b>15:30</b>	Shot	G/B	Under	10/11
<b>15:35</b>	Long Jump	B	Under	14/15

Athletes must be a minimum of 8 on the day. Ages as of 31 August 2010.

**Age Groups :-**

U10	1.9.00	to	27.6.02
U11	1.9.99	to	31.8.00
U12	1.9.98	to	31.8.99
U13	1.9.97	to	31.8.98
U14	1.9.96	to	31.8.97
U15	1.9.95	to	31.8.96

**RELAY TEAMS ARE TO BE MADE UP FROM ACROSS TWO AGE GROUPS AND CAN BE A MIXTURE OF ATHLETES FROM DIFFERENT CLUBS / SCHOOLS ASSEMBLED ON THE DAY, ( Medals for 1st three teams in each race)**

**Time table subject to alteration**

**FINALS WILL BE RUN AT HEAT TIME IF INSUFFICIENT ENTRIES**