

Team		Score	
1	PLYMOUTH		148
2	EALING		84
3	HAVANT		114
4	TVH		126

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Senior A 100m		Wind=		
1	Katherine Endacott	SW	PLYMOUTH	12.1
2	Nadia Mills	U17	EALING	12.8
3	Alice Reynolds	U20	HAVANT	13.0
4	Rachel Christie	SW	TVH	13.2

Senior B 100m		Wind=		
1	Gladis Bitulu	U20	EALING	12.9
2	Lucy Sings	SW	PLYMOUTH	13.0
3	Ambwene Simukonda	SW	TVH	13.0
4	Sam Birch	U17	HAVANT	14.1

Senior A 200m		Wind=		
1	Katherine Endacott	SW	PLYMOUTH	24.8
2	Alice Reynolds	U20	HAVANT	26.5
3	Rachel Christie	SW	TVH	26.7
4				

Senior B 200m		Wind=		
1	Nadia Mills	U17	EALING	27.1
2	Jessica Driver	U17	PLYMOUTH	28.1
3	Sam Birch	U17	HAVANT	28.6
4				

Senior A 400m				
1	Lucy Sings	SW	PLYMOUTH	60.7
2	Ambwene Simukonda	SW	TVH	61.9
3	Corin Reynolds	SW	HAVANT	63.0
4	Cryena Cyrus	SW	EALING	67.4

Senior B 400m				
1	Hayley Harvey	U20	PLYMOUTH	61.3
2	Hayley Lovett	SW	HAVANT	70.0
3				
4				

Senior A 800m				
1	Corin Reynolds	SW	HAVANT	2:29:9
2	Linda Lawrence	SW	PLYMOUTH	2:33:9
3				
4				

Senior B 800m				
1	Abigale Hamilton	U17	PLYMOUTH	3:03:9
2	Josie Taylor	U17	HAVANT	3:18:8
3				
4				

Senior A 1500m				
1	Lisa da Silva	SW	TVH	4:56:6
2	Linda Lawrence	SW	PLYMOUTH	5:11:1
3	Bev Lavery	V	HAVANT	5:27:4

4	Fiona Kennedy	V50	EALING	5:32:1
Senior B 1500m				
1	Jessica Fennell	U17	PLYMOUTH	5:14:4
2	Amy Bream	U17	HAVANT	5:41:0
3				
4				
Senior A 3000m				
1	Lisa da Silva	SW	TVH	10:24:0
2	Anne Luke	V50	PLYMOUTH	10:57:7
3	Fiona Kennedy	V50	EALING	11:15:4
4	Bev Lavery	V	HAVANT	12:10:7
Senior B 3000m				
1	Katie Burns	U17	PLYMOUTH	11:28:3
2	Sarah Johnson	U17	HAVANT	13:02:8
3				
4				
Senior A 100mH		Wind=		
1	Phyllis Agbo	SW	TVH	14.2
2	Tamsin Gribble	V35	PLYMOUTH	18.7
3	Hayley Lovett	SW	HAVANT	19.9
4	Cryena Cyrus	SW	EALING	26.9
Senior B 100mH		Wind=		9
1	Suzanne Gould	V35	PLYMOUTH	19.7
2				
3				
4				
Senior A 400mH				
1	Ambwene Simukonda	SW	TVH	70.4
2	Tamsin Gribble	V35	PLYMOUTH	73.0
3	Cryena Cyrus	SW	EALING	77.4
4	Hayley Lovett	SW	HAVANT	77.7
Senior B 400mH				
1	Charlotte Lindsey	U20	HAVANT	81.3
2				
3				
4				
Senior A High Jump				
1	Samantha Brewer	SW	TVH	1.60
2	Roxanne Siemann	U20	PLYMOUTH	1.35
3	Amy Clemens	U20	EALING	1.30
4	Charlotte Lindsey	U20	HAVANT	1.20
Senior B High Jump				
1	Rachel Christie	SW	TVH	1.50
2	Tamsin Gribble	V35	PLYMOUTH	1.30
3	Amy Bream	U17	HAVANT	1.20
4				
Senior A Pole Vault				
1	Kerry Smith-Wightman	SW	PLYMOUTH	1.80
2	Sarah Osgood	U20	HAVANT	1.60
3				

4				
Senior B Pole Vault				
1				
2				
3				
4				
Senior A Long Jump				
1	Katherine Endacott	SW	PLYMOUTH	5.24
2	Rachel Christie	SW	TVH	4.83
3	Alice Reynolds	U20	HAVANT	4.31
4	Marina Donaghy	SW	EALING	3.48
Senior B Long Jump				
1	Phyllis Agbo	SW	TVH	4.42
2	Sam Birch	U17	HAVANT	3.89
3	Jessica Driver	U17	PLYMOUTH	3.73
4	A. J. Alade	U17	EALING	3.16
Senior A Triple Jump				
1	Marina Donaghy	SW	EALING	9.79
2	Charlotte Lindsey	U20	HAVANT	9.28
3	Tamsin Gribble	V35	PLYMOUTH	9.06
4	Ambwene Simukonda	SW	TVH	8.59
Senior B Triple Jump				
1	Amy Clemens	U20	EALING	8.39
2	Lisa da Silva	SW	TVH	7.80
3	Hayley Harvey	U20	PLYMOUTH	5.92
4				
Senior A Shot Putt				
1	Abigail Moronkeji	U17	TVH	11.45
2	Katherine Endacott	SW	PLYMOUTH	9.83
3	Sara Darts	SW	HAVANT	7.45
4	Tracy Gould	SW	EALING	5.83
Senior B Shot Putt				
1	Kerry Smith-Wightman	SW	PLYMOUTH	8.94
2	Sarah Osgood	U20	HAVANT	6.46
3	A. J. Alade	U17	EALING	4.80
4	Lisa da Silva	SW	TVH	4.19
Senior A Discus				
1	Katherine Endacott	SW	PLYMOUTH	26.53
2	Sara Darts	SW	HAVANT	24.33
3	Nadia Mills	U17	EALING	21.45
4				
Senior B Discus				
1	Bobby Lenehan Hodge	U17	PLYMOUTH	23.50
2	Sarah Osgood	U20	HAVANT	22.81
3	Cryena Cyrus	SW	EALING	10.89
4				
Senior A Hammer				
1	Amy Clemens	U20	EALING	46.67
2	Bobby Lenehan Hodge	U17	PLYMOUTH	37.67
3	Sarah Osgood	U20	HAVANT	34.15

4	Abigail Moronkeji	SW	TVH	28.25
Senior B Hammer				
1	Sara Darts	SW	HAVANT	22.38
2	Tracy Gould	SW	EALING	16.94
3	Ambwene Simukonda	SW	TVH	16.59
4				
Senior A Javelin				
1	Phyllis Agbo	SW	TVH	36.94
2	Roxanne Siemann	U20	PLYMOUTH	24.51
3	Sara Darts	SW	HAVANT	23.02
4				
Senior B Javelin				
1	Samantha Brewer	SW	TVH	25.99
2	Annabel Bond	U17	PLYMOUTH	15.87
3	Sarah Haywood	U17	HAVANT	9.15
4				
Senior 4x100m				
1	TVH	SW	TVH	51.3
2	PLYMOUTH	SW	PLYMOUTH	51.8
3	EALING	SW	EALING	55.3
4	HAVANT	SW	HAVANT	57.1
Senior 4x400m				
1	TVH	SW	TVH	4:23:4
2	PLYMOUTH	SW	PLYMOUTH	4:29:0
3	HAVANT	SW	HAVANT	4:51:4
4				
U17 Women A 80mH Wind=				
1	Rebekah Wiltshire	U17	TVH	13.7
2				
3				
4				
U17 Women B 80mH Wind=				
1				
2				
3				
4				
U17 Women A 300mH				
1	Rebekah Wiltshire	U17	TVH	48.4
2	Sarah Johnson	U17	HAVANT	60.2
3				
4				
Under 15 Girls A 100m Wind=				
1	Fleur Milership	U15	PLYMOUTH	13.3
2	Tatjana Gibbons	U15	EALING	13.6
3	Jhane Ormsby	U15	TVH	13.8
4	Mollie Cook	U15	HAVANT	14.7
Under 15 Girls B 100m Wind=				
1	Sophie Mason	U15	PLYMOUTH	13.5
2	Grace Andam	U15	TVH	14.2
3	Liza Khan	U15	EALING	14.3

4	Aimee Buckett	U15	HAVANT	15.7
Under 15 Girls A 200m		Wind=		
1	Fleur Milership	U15	PLYMOUTH	27.3
2	Tatjana Gibbons	U15	EALING	27.8
3	Monae Minors-Gibbs	U15	TVH	29.6
4	George Lavery	U15	HAVANT	31.4
Under 15 Girls B 200m		Wind=		
1	Jasmine Gould	U15	PLYMOUTH	28.7
2	Grace Andam	U15	TVH	29.2
3	Mollie Cook	U15	HAVANT	29.4
5	Liza Khan	U15	EALING	29.6
Under 15 Girls A 800m				
1	George Lavery	U15	HAVANT	2:45:3
2	Emma Ridley	U15	PLYMOUTH	2:47:9
3	Sasha Ritchie	U15	TVH	2:53:5
4	Mica Maynard	U15	EALING	3:38:4
Under 15 Girls B 800m				
1	Devon Brimecome	U15	HAVANT	3:09:0
2	Louise Nolan	U15	EALING	3:52:9
3				
4				
Under 15 Girls A 1500m				
1				
2				
3				
4				
Under 15 Girls B 1500m				
1				
2				
3				
4				
Under 15 Girls A 75mH		Wind=		
1	Shauna Walsh	U15	PLYMOUTH	14.1
2	Devon Brimecome	U15	HAVANT	16.0
3	Daena Clarke	U15	TVH	16.5
4				
Under 15 Girls B 75mH		Wind=		
1	Jasmine Gould	U15	PLYMOUTH	13.8
2	Kirston Burley	U15	HAVANT	15.6
3	Sasha Ritchie	U15	TVH	15.7
4				
Under 15 Girls A High Jump				
1	Sophie Mason	U15	PLYMOUTH	1.35
2	Mollie Cook	U15	HAVANT	1.25
3	Monae Minors-Gibbs	U15	TVH	1.25
4	Liza Khan	U15	EALING	1.15
Under 15 Girls B High Jump				
1	Hannah Wiltshire	U13	TVH	1.10
2	Mica Maynard	U15	EALING	1.05
3				

4				
Under 15 Girls A Long Jump				
1	Emma Ridley	U15	PLYMOUTH	3.85
2	Hannah Wiltshire	U15	TVH	3.81
3	Devon Brimecome	U15	HAVANT	3.51
4	Tatjana Gibbons	U15	EALING	3.29
Under 15 Girls B Long Jump				
1	Kirston Burley	U15	HAVANT	3.50
2	Grace Andam	U15	TVH	3.18
3	Shauna Walsh	U15	PLYMOUTH	3.08
4	Louise Nolan	U15	EALING	1.98
Under 15 Girls A Shot Putt				
1	Sophie Mason	U15	PLYMOUTH	7.35
2	Lucy Knott	U15	TVH	6.94
3	Charlotte Gould	U15	EALING	6.45
4	Aimee Buckett	U15	HAVANT	5.01
Under 15 Girls B Shot Putt				
1	Fleur Milership	U15	PLYMOUTH	7.10
2	Ashley Gould	U15	EALING	5.87
3	Jhane Ormsby	U15	TVH	5.30
4	Kirston Burley	U15	HAVANT	4.84
Under 15 Girls A Discus				
1	Lucy Knott	U15	TVH	17.75
2	Ashley Gould	U15	EALING	11.81
3				
4				
Under 15 Girls B Discus				
1	Charlotte Gould	U15	EALING	11.40
2	Monae Minors-Gibbs	U15	TVH	10.89
3				
4				
Under 15 Girls A Javelin				
1	Lucy Knott	U15	TVH	24.89
2	Charlotte Gould	U15	EALING	11.55
3	Alice Buckett	U15	HAVANT	6.33
4				
Under 15 Girls B Javelin				
1	Ashley Gould	U15	EALING	11.39
2	Tianna Charles	U15	TVH	7.66
3	George Lavery	U15	HAVANT	6.13
4				
Under 15 Girls 4x100m				
1	TVH	U15	TVH	60.1
2	HAVANT	U15	HAVANT	60.6
3				
4				