

City Of Plymouth Spring Warm Up 2009 Results  
Track Results 5th April 2009

**Under 11 Girls**

75 Mtrs Race 1	Position	Name	Club	Time
		Laurie Dawkins	Exeter	11.3
		Harmony Rump	Plymouth	11.4
		Lucy Walliner	Erme Valley	12.2
		Bethany Trevale	Newquay Par	12.4
		Lilly Coxon	Erme Valley	12.7
		Chloe Wood	Tamar Trotters	12.7

		Emily Parker	Plymouth	11.8
		Ria Cross	Newquay Par	12.5
		Melodie Cherrington	Tamar Trotters	12.6
		Ellie Stewart	Kingsbridge CC	13.3
		Grace Jordan	Plymouth	13.7
		Marnie Hoare	Tavistock	13.7

		Elanor Lloyd	Mounts Bay	12.1
		Katie Jones	Cornwall A.C.	12.6
		Jode Stacey	Tavistock	12.7
		Francessica Hurdman	Tavistock	13.0
		Molly Edmonds	Erme Valley	14.6
		Zoe Crutchley	Plymouth	15.3

		Rebecca Tinkler	Erme Valley	12.2
		Alice Moore	Bideford	12.9
		Jasmin Edwards	Tavistock	13.7
		Sally Mogridge	Erme Valley	13.8
		Rebecca Bracher	Erme Valley	14.1

150 Mtrs Race 1	Position	Name	Club	Time
		Lucy Walliker	Erme Valley	24.3
		Ria Cross	Newquay Par	25.0
		Chloe Wood	Tamar Trooters	26.2
		Susanna Sheppard	Plymouth	27.4
		Sally Mogridge	Erme Valley	28.6
		Marnie Hoare	Tavistock	29.5

		Laurie Dawkins	Exeter	23.5
		Harmony Rump	Plymouth	23.9
		Elanor Lloyd	Mounts Bay	24.3
		Lilly Coxon	Erme Valley	27.0
		Alice Moore	Bideford	29.4
		Zoe Crutchley	Plymouth	31.4

**Under 11 Girls****150 Mtrs  
Race 3**

	Judie Stacey	Tavistock	25.5
	Francessca Hurdman	Tavistock	27.4
	Jasmine Edwards	Tavistock	28.7
	Rebbeca Bracher	Erme Valley	29.1
	Molly Edmonds	Erme Valley	30.5

**150 Mtrs  
Race 4**

	Emily Parker	Plymouth	24.4
	Rebecca Tinkler	Erme Valley	25.1
	Ellie Stewart	Kingsbridge CC	28.6
	Grace Jordon	Plymouth	31.8

**Long Jump**

Position	Name	Club	Distance
	Laurie Dawkins	Exeter	3.74
	Harmony Rump	Plymouth	3.41
	Rebecca Tinkler	Newton Abbot	3.28
	Jodie Stacey	Tavistock	3.14
	Lucy Walliker	Erme Valley	3.06
	Bethany Trevail	Newquay Par	3.01
	Emily Parker	Plymouth	2.9
	Eleanor Lloyd	Mounts Bay	2.9
	Rhea Cross	Newquay Par	2.86
	Katey Jones	Cornwall	2.82
	Savannah Shepherd	Plymouth	2.44
	Lillie Coxon	Erme Valley	2.36
	Jasmine Edwards	Tavistock	2.24
	Francesca Herdman	Tavistock	2.19
	Zoe Crutchley	Plymouth	2.15
	Grace Jordon	Plymouth	2.04
	Abigai Stone	Bideford	2.04
	Marnie Hoare	Tavistock	1.97
	Molly Edmonds	Erme Valley	1.71

**Rounders Ball**

Position	Name	Club	Distance
	Alice Moore	Bideford	19.25
	Katey Jones	Cornwall	17.03
	Savannah Shepherd	Plymouth	14.25
	Abigai Stone	Bideford	12.6
	Melodie Cherrington	Tamar Trotters	12.58

**Turbo Javelin**

Position	Name	Club	Distance
	Melodie Cherrington	Tamar Trotters	7.85
	Sally Mogridge	Erme Valley	7.77
	Alice Moore	Bideford	7.13
	Rebbeca Bracher	Erme Valley	6.95

**Under 11 Boys****75 Mtrs  
Race 1**

Position	Name	Club	Time
	Brandon Huddy	Newquay Par	11.8
	Matthew Dixon	Plymouth	12.2
	Harry Hurdman	Tavistock	12.4
	Aidan Patton	Newquay Par	12.5
	Ollie Piper	Plymouth	13.6

**75 Mtrs  
Race 2**

	Joseph O'Loughlin	Tavistock	12.3
	Jacob Cherrington	Tamar Trotters	12.7
	Cale Erwin	Newquay Par	12.9
	Bobby Talbot -Adam	Bideford	13.1
	Alex McNeice	Tamar Trotters	14.3

**150 Mtrs  
Race 1**

Position	Name	Club	Time
	Elliot Platt	Plymstock RR	23.6
	Thomas Wills	Cornwall AC	24.7
	Frank Aldred	Plymouth	24.9
	Jack Moncur	Exeter	25.9
	Joseph O'Loughlin	Tavistock	26.1

**150 Mtrs  
Race 2**

	Matthew Dixon	Plymouth	25.4
	Harry Hurdman	Tavistock	26.6
	Ollie Piper	Plymouth	27.7
	Alex McNeice	Tamar Trotters	29.9

**Long Jump**

Position	Name	Club	Distance
	Frank Aldred	Plymouth	3.45
	Thomas Wills	Cornwall AC	3.42
	Aidan Patton	Newquay Par	3.11
	Matthew Dixon	Plymouth	2.79
	Ollie Piper	Plymouth	2.73
	Brandon Huddy	Newquay Par	2.72
	Elliot Platt	Plmstock RR	2.65
	Bobby Talbot -Adam	Bideford	2.61
	Cale Erwin	Newquay Par	2.53
	Joseph O'Loughlin	Tavistock	2.25
	Harry Hurdman	Tavistock	2.22
	Tyler Shepherd	Plmstock RR	2.06

**Cricket Ball**

Position	Name	Club	Distance
	Jack Moncur	Exeter	32.22
	Elliot Platt	Plmstock RR	31.97
	Tyler Shepherd	Plmstock RR	23.31
	Jacob Cherrington	Tamar Trotters	19.69
	Alex McNeice	Tamar Trotters	11.31

**Under 11 Boys****Turbo Javelin**

Position	Name	Club	Distance
	Jack Moncur	Exeter	23.31
	Thomas Wills	Cornwall AC	16.82
	Aidan Patton	Newquay Par	16.46
	Brandon Huddy	Newquay Par	12.14
	Jacob Cherrington	Tamar Trotters	9.35
	Bobby Talbot -Adam	Bideford	9.20
	Tyler Shepherd	Plmstock RR	8.23
	Cale Erwin	Newquay Par	8.05

**Under 13 Girls****100 Mtrs  
Race 1**

Position	Name	Club	Time
	Jess Strang	Plymouth	13.8
	Jade Simpson	Erme Valley	14.8
	Elanor Soole	Kingsbridge C.C.	15.1
	Sophie Baker	Bideford	15.8
	Daisy Endmonds	Erme Valley	16.4
	Lucy Burnett	Bideford	17.9

**100 Mtrs  
Race 2**

	Daniella Jewell	Bideford	15.0
	Lucy Hooper	Plymouth	15.2
	Bryher Freight	Newquay Par	15.3
	Emily Flower	Erme Valley	15.7

**100 Mtrs  
Race 3**

	Sophie Davis	Erme Valley	15.0
	Isla Golder	Plymouth	15.1
	Sophie Gilbert	Plymstock RR	16.8
	Bethany Ball	Plymstock RR	17.6
	Jasmiine Wood	Erme Valley	18.0

**200 Mtrs  
Race 1**

Position	Name	Club	Time
	Lucy Hooper	Plymouth	31.8
	Bryher Freight	Newquay Par	32.6
	Danielle Turner	Plymstock RR	33.9
	Cody Morrish	Plymstock RR	34.1
	Mealah Gylphion	Plymstock RR	35.3

**200 Mtrs  
Race 2**

	Sophie Davis	Erme Valley	31.7
	Victoria Weir	Plymouth	32.1
	Poppy Tank	Plymouth	32.8
	Tigan Walsh	Plymstock RR	32.8

**200 Mtrs  
Race 3**

	Jess Strang	Plymouth	28.9
	Sophie Gilbert	Plymstock RR	34.7
	Bethany Ball	Plymstock RR	37.2
	Jasmine Wood	Erme Valley	39.4

## Under 13 Girls

## 70 Mtr Hurdles

Position	Name	Club	Time
	Jade Simpson	Erme Valley	14.0
	Cody Morrish	Plymstock RR	16.7
	Daisey Edmonds	Erme Valley	17.6
	Mealah Gylphion	Plymstock RR	20.1

## 600 Mtrs

Position	Name	Club	Time
	Victoria Weir	Plymouth	1.54.4
	Daniella Jewel	Bideford	1.57.4
	Poppy Tank	Plymouth	1.58.2
	Selina Meer	Newton Abbot	2.02.1
	Bryher Freight	Newquay Par	2.07.5
	Natasha Duncan	Erme Valley	2.10.6
	Isla Golder	Plymouth	2.12.0
	Sophie Baker	Bideford	2.12.9
	Hazel Crutchley	Plymouth	2.14.9
	Ellie Smith	Erme Valley	2.18.5

## Long Jump

Position	Name	Club	Distance
	Jade Simpson	Erme Valley	3.62
	Isla Golder	Plymouth	3.51
	Sophie Baker	Bideford	3.17
	Amy Flower	Erme Valley	3.15
	Tigan Walsh	Plymstock RR	3.13
	Natasha Duncan	Erme Valley	3.04
	Hazel Crutchley	Plymouth	2.98
	Daniella Jewel	Bideford	2.97
	Sophie Davis	Erme Valley	2.89
	Danielle Turner	Plymstock RR	2.82
	Ellie Smith	Erme Valley	2.70
	Sophie Gilbert	Plymstock RR	2.66
	Mealah Gylphion	Plymstock RR	2.63
	Cody Morrish	Plymstock RR	2.60
	Bethany Ball	Plymstock RR	2.40
	Jasmine Wood	Erme Valley	2.19

## Shot

Position	Name	Club	Distance
	Jess Strang	Plymouth	5.36
	Tigan Walsh	Plymstock RR	5.06
	Daisey Edmonds	Erme Valley	4.70
	Lucy Burnett	Bideford	4.02

## Discus

Position	Name	Club	Distance
	Lizzie Godwin	Exeter	19.43

## Javelin

Position	Name	Club	Distance
	Lizzie Godwin	Exeter	22.96
	Amy Flower	Erme Valley	16.61

**Under 13 Boys****100 Mtrs  
Race 1**

Position	Name	Club	Time
	Karl Underwood	Plymstock RR	13.6
	Jack Jones	Plymouth	14.4
	Lewis Pasco	Erme Valley	15.1
	Connor Field	Plymstock RR	15.1
	Jack Ferguson	Kingsbridge	15.2
	Thomas Taylor	Erme Valley	16.4

**100 Mtrs  
Race 2**

	Sam Cutler	Plymouth	14.3
	Matthew Neyle-Opie	Plymouth	14.4
	Ewan Sutton	Plymstock RR	15.4
	Callum Taylor	Erme Valley	15.8
	Brandon Howarth	Plymstock RR	16.2
	Oliver Gibbons	Bideford	18.0

**100 Mtrs  
Race 3**

	Joe Haslam	Plymouth	13.8
	Henry Metherell	Plymouth	15.2
	Stephen Tillyer	Plymstock RR	15.4
	Fred Slade	Erme Valley	15.4
	Ben Williams	Erme Valley	18.6

**200 Mtrs  
Race 1**

Position	Name	Club	Time
	Karl Underwood	Plymstock RR	27.6
	Joe Haslam	Plymouth	28.9
	Corey Cross	Newquay Par	31.1
	Jack Jones	Plymouth	31.6
	Callum Taylor	Erme Valley	33.4

**200 Mtrs  
Race 2**

	Matthew Neyle-Opie	Plymouth	29.8
	Sam Lane Decourtin	Plymouth	30.9
	Matthew Penney	Newton Abbot	31.5
	Brandon Howarth	Plymstock RR	35.4

**70 Mtr Hurdles**

Position	Name	Club	Time
	Corey Cross	Newquay Par	13.3
	Joe Haslam	Plymouth	13.4
	Henry Metherall	Plymouth	16.8
	Fred Slade	Erme Valley	17.7

**Under 13 Boys**

**600 Mtrs**

Position	Name	Club	Time
	Sam Lane Decourtin	Plymouth	1.48.6
	Matthew Neyle-Opie	Plymouth	1.52.8
	James Blackford	Plymouth	1.53.2
	Ewan Sutton	Plymstock RR	1.54.5
	Corey Cross	Newquay Par	1.55.5
	Jack Ferguson	Kingsbridge CC	1.56.8
	Frank Aldred	Plymouth	1.57.0
	Matthew Penney	Newton Abbot	1.59.0
	Stephen Tillyer	Plymstock RR	2.01.8
	Fred Slade	Plymstock RR	2.07.7
	Louis Killick	Plymstock RR	2.18.5
	Alex Ferguson	Plymstock RR	2.25.8

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**Long Jump**

Position	Name	Club	Distance
	Karl Underwood	Plymstock RR	4.54
	Sam Grannell	Erme Valley	3.64
	Ben Williams	Erme Valley	3.60
	Lewis Pascoe	Newquay Par	3.55
	Henry Metherell	Plymouth	3.51
	Sam Cutler	Plymouth	3.39
	Callum Taylor	Erme Valley	2.95
	Jack Jones	Plymouth	2.93
	Thomas Taylor	Erme Valley	2.88
	Oliver Gibbons	Bideford	2.79
	Brandon Howarth	Plymstock RR	2.74

**Shot**

Position	Name	Club	Distance
	Jack Trehwella	Mounds Bay	7.30
	Bradley Green	Plymouth	7.15
	Sam Grannell	Erme Valley	6.78
	Hugo Blick	Bideford	6.65
	Jack Abraham	Erme Valley	5.49
	Connor Field	Plymstock RR	5.48
	Ben Williams	Erme Valley	4.80
	Alex Ferguson	Plymstock RR	4.09
	Louis Killick	Plymstock RR	3.77

**Javelin**

Position	Name	Club	Distance
	Sam Grannell	Erme Valley	27.37
	Louis Killick	Plymstock RR	19.32
	Ewan Sutton	Plymstock RR	17.16
	Matt Penney	Newton Abbot	14.52
	Ollie Gibbons	Bideford	10.25
	Jack Trehwella	Erme Valley	7.26
	Thomas Taylor	Erme Valley	7.26
	Steven Tillyer	Plymstock RR	5.52

**Under 15 Girls****100 Mtrs  
Race 1**

Position	Name	Club	Time
	Shawna Walsh	Plymouth	13.6
	Jasmine Gould	Plymouth	13.9
	Natasha Mead	Unattached	14.8
	Maddie Platt	Plymstock RR	15.1
	Ruth Terry	Erme Valley	16.8

**100 Mtrs  
Race 2**

	Fleur Millership	Plymouth	13.6
	Hollie Stewart	Kingsbridge	14.1
	Abi Stanbury	Bideford	17.2
	Olivia Weening	Plymstock RR	17.4

**200 Mtrs  
Race 1**

Position	Name	Club	Time
	Fleur Millership	Plymouth	27.7
	Hollie Stewart	Kingsbridge CC	29.3
	Maddie Platt	Plymstock RR	31.3
	Natasha Mead	Unattached	31.9
	Ruth Terry	Erme Valley	36.5

**200 Mtrs  
Race 2**

	Jasmine Gould	Plymouth	28.9
	Katy Anderson	Plymouth	30.9
	Lottie Jose	Mounts Bay	31.1
	Katrina Clifton	Bideford	35.7
	Olivia Weaving	Plymstock RR	39.6

**75 Mtr Hurdles**

Position	Name	Club	Time
	Shawna Walsh	Plymouth	12.0
	Jasmine Gould	Plymouth	15.8
	Annabelle Longdon	Tavistock	17.5

**800 Mtrs**

Position	Name	Club	Time
	Katy Anderson	Plymouth	2.46.8
	Annabell Longden	Tavistock	3.00.5
	Katrina Clifton	Bideford	3.37.4

**1500 Mtrs**

Position	Name	Club	Time
	Lottie Jose	Mounts Bay	5.52.2

**Long Jump**

Position	Name	Club	Distance
	Shawna Walsh	Plymouth	4.04
	Mellisa Quick	Tavistock	3.58
	Annabelle Longdon	Tavistock	3.26
	Katrina Clifton	Bideford	3.23
	Rebecca Cox	Tavistock	3.16
	Ruth Terry	Erme Valley	3.15
	Abi Stanbury	Bideford	2.50

**Shot**

Position	Name	Club	Distance
	Fleur Millership	Plymouth	7.55
	Olivia Weaving	Plymstock RR	5.65

**Hammer**

Position	Name	Club	Distance
	Rebecca Cox	Tavistock	14.21
	Melissa Quick	Tavistock	12.96

**Under 15 Boys****100 Mtrs**

Position	Name	Club	Time
	Callum Reynolds	Exeter	1.8
	Hugo Blick	Bideford	13.7
	Jonathon Allen	Plymstock	13.8
	Aaron Everson	Newquay Par	14.3
	Jacob Abraham	Erme Valley	14.9
	Luke Snetzler	Bideford	15.9

**200 Mtrs**

Position	Name	Club	Time
	Dan Kelland	Plymouth	25.1
	Callum Reynolds	Exeter	26.2
	Jonathon Allen	Plymstock	28.0
	David Weir	Plymouth	29.6

**400 Mtrs**

	Dan Kelland	Plymouth	54.4
	Cullum Jones	Cornwall A.C.	61.9
	Hugo Blick	Bideford	65.2
	Graham Tinkerler	Newton Abbot	65.4
	Angus Beattie	Kingsbridge CC	70.6

**800 Mtrs**

Position	Name	Club	Time
	Cullum Jones	Cornwall A.C.	2.19.2
	Aidan Everson	Newquay Par	2.30.1
	Graham Tinkerler	Newton Abbot	2.31.9
	David Weir	Plymouth	2.34.0
	James Thoms	Plymouth	2.34.8
	Angus Beattie	Kingsbridge CC	2.37.0

**1500 Mtrs**

Position	Name	Club	Time
	Tom Rowet	Cornwall A.C.	4.45.2
	Marcel Torode	Mounts Bay	5.11.3
	Callum George	Mounts Bay	5.17.2

**Long Jump**

Position	Name	Club	Distance
	Aidan Everson	Newquay Par	3.92
	Jonathon Allen	Plymstock	3.64
	Luke Snetzler	Bideford	2.68

**Under 15 Boys****High Jump**

Position	Name	Club	Height
	Aidan Everson	Newquay Par	1.30

**Javelin**

Position	Name	Club	Distance
	Bradley Green	Plymouth	37.70
	Callum Jones	Cornwall	30.42
	Aidan Everson	Newquay Par	28.72
	Aaron Everson	Newquay Par	28.49
	Tom Rowett	Cornwall	21.44

**Under 17 Women****100 Mtrs**

Position	Name	Club	Time
	Philippa Brett	Newquay Par	13.2
	Sophie O'Neil	Torbay	13.4
	Thuza Edworthy	Newton Abbot	13.5
	Poppy Kirkup	Plymouth	13.6
	Jess Driver	Plymouth	13.7

**200 Mtrs**

Position	Name	Club	Time
	Jess Driver	Plymouth	28.2

**80 Mtr H**

Position	Name	Club	Time
	Rebecca Chapman	Exeter	13.4

**300Mtr H**

Position	Name	Club	Time
	Thuza Edworthy	Newton Abbot	47.6
	Philippa Brett	Newquay Par	48.0

**300 Mtrs**

Position	Name	Club	Time
	Jenny Anderson	Plymouth	47.7
	Olivia Driver	Plymouth	49.4
	Katie Burns	Plymouth	49.8

**800 Mtrs**

Position	Name	Club	Time
	Fredricka Richards	Plymouth	2.28.9
	Katie Burns	Plymouth	2.36.8
	Jenny Anderson	Plymouth	2.43.0
	Olivia Driver	Plymouth	2.47.8
	Philippa Brett	Newquay Par	2.48.4
	Abigail Hamilton	Plymouth	2.50.0

**1500Mtrs**

Position	Name	Club	Time
	Leanna Fay	Bideford	5.59.5

**Under 17 Women**

Position	Name	Club	Distance
	Sophie O'Neil	Torbay	4.47
	Jess Driver	Plymouth	4.37
	Poppy Kirkup	Plymouth	3.97

Position	Name	Club	Height
	Rebecca Chapman	Exeter	1.45

Position	Name	Club	Distance
	Bobbie Lenehan Hodge	Plymouth	35.49

Position	Name	Club	Distance
	Leanna Fay	Bideford	21.37

Position	Name	Club	Distance
	Poppy Kirkup	Plymouth	7.59
	Bobbie Lenehan Hodge	Plymouth	7.23
	Olivia Driver	Plymouth	6.40

Position	Name	Club	Distance
	Leanna Fay	Bideford	16.9
	Bobbie Lenehan Hodge	Plymouth	24.2

**Under 17 Men**

	Name	Club	Time
	Alec Crowter	Exeter	11.7
	Robin Swift	Torbay	12.4
	Kyle Prowse	Plymouth	13.7

Position	Name	Club	Time
	Alec Crowter	Exeter	24.0
	Nathan Higgins	Plymouth	25.6

Position	Name	Club	Time
	Nathan Higgins	Plymouth	14.7
	David King	Plymouth	14.9
	Robin Swift	Torbay	15.3

Position	Name	Club	Time
	Tom Cawsey	Bideford	64.0

Position	Name	Club	Time
	Hugh Bayley	Exeter	2.14.6
	Jason Laws	Plymouth	2.30.3

**Under 17 Men**

<b>1500Mtrs</b>	Position	Name	Club	Time
		Aaron Jose	Cornwall A.C.	5.02.7

<b>3000 Mtrs</b>	Position	Name	Club	Time
		Tom Cawsey	Bideford	11.25.9

<b>Long Jump</b>	Position	Name	Club	Distance
		Josh Tunstall	Exeter	5.76

<b>Javelin</b>	Position	Name	Club	Distance
		Steven Turnock	Exeter	61.45

<b>Shot</b>	Position	Name	Club	Distance
		Tom Cawsey	Bideford	5.74

<b>High Jump</b>	Position	Name	Club	Height
		Josh Tunstall	Exeter	1.68
		David King	Plymouth	1.55
		Kyle Prowse	Plymouth	1.45

**Under 20 Women**

<b>100Mtrs</b>	Position	Name	Club	Time
		Kia Rosenstein	Plymouth	13.2
		Emma Louise Wagstone	Cornwall A.C.	13.2

<b>200 Mtrs</b>	Position	Name	Club	Time
		Jenny Robinson	Exeter	26.6
		Hayley Harvey	Plymouth	27.0

<b>400 mtrs</b>	Position	Name	Club	Time
		Hayley Harvey	Plymouth	61.0

<b>Long Jump</b>	Position	Name	Club	Distance
		Emma Louise Wagstaff	Cornwall A.C.	4.66
		Roxanne Siemann	Plymouth	4.54

<b>Shot</b>	Position	Name	Club	Distance
		Poppy Kirkup	Plymouth	7.59

<b>Hammer</b>	Position	Name	Club	Distance
		Suzanne McNiff	Plymouth	34.15

<b>Javelin</b>	Position	Name	Club	Distance
		Amanda Mancey	Cornwall A.C.	30.37
		Roxanne Siemann	Plymouth	24.59

**Under 20 Men****100Mtrs**

Position	Name	Club	Time
	Alex McGregor	Exeter	11.4
	Lee Hamilton	Kent A.C.	11.5
	Ben Conibear	Exeter	12.2
	Ollie Wright	Plymouth	12.4

**200Mtrs**

Position	Name	Club	Time
	Aaron Pinch	Plymouth	25.0

**110 Mtr H**

Position	Name	Club	Time
	Haydon Brown Williams	Plymouth	17.2

**400Mtrs**

Position	Name	Club	Time
	Tyler Johnson	Plymouth	53.8
	Philip Powell	Cornwall A.C.	56.6
	Andrew Reed	Erme Valley	57.6
	Matt Sumner	Plymouth	58.0

**800Mtrs**

Position	Name	Club	Time
	Andrew Reed	Erme Valley	2.08.8

**1500Mtrs**

Position	Name	Club	Time
	Elliot Buckner	Erme Valley	4.25.4
	Andrew Reed	Erme Valley	4.40.5
	Jack Blight	Bideford	5.42.5

**3000Mtrs**

Position	Name	Club	Time
	Jack Blight	Bideford	11.52.5

**Pole Vault**

Position	Name	Club	Height
	Haydon Brown Williams	Plymouth	2.60

**Shot**

Position	Name	Club	Distance
	Ollie Wright	Plymouth	12.43

**Under 20 Men****Long Jump**

Position	Name	Club	Distance
	Lee Hamilton	Kent A.C.	5.94
	Haydon Brown Williams	Plymouth	5.40
	Ben Conibear	Exeter	5.39

**High Jump**

Position	Name	Club	Height
	Alex McGregor	Exeter	1.70
	Haydon Brown Williams	Plymouth	1.70
	Jack Blight	Bideford	1.35

**Discus**

Position	Name	Club	Distance
	Alex McGregor	Exeter	37.12
	Michael King	Plymouth	35.18
	Ollie Wright	Plymouth	32.39
	Ben Conibear	Exeter	31.88

**Javelin**

Position	Name	Club	Distance
	Alex McGregor	Exeter	38.65
	Ben Conibear	Exeter	37.61

**Senior Women****100Mtrs**

Position	Name	Club	Time
	Lucy Sings	Plymouth	12.8
	Leah Paulley	Newquay Par	13.0
	Sarah Mageean	Newquay Par	13.3
	Tamsin Gribble	Plymouth	13.5
	Helen Butler	Jersey	13.5
	Alice Robins	Newquay Par	13.6

V35

**200Mtrs**

Position	Name	Club	Time
	Katherine Endacott	Plymouth	24.9
	Lucy Sings	Plymouth	26.2
	Leah Paulley	Newquay Par	26.5
	Karla Drew	Southampton	26.8
	Helen Butler	Jersey	27.8
	Sarah Mageean	Newquay Par	27.8

**400 Mtrs**

Position	Name	Club	Time
	Leah Paulley	Newquay Par	60.6
	Tamsin Gribble	Plymouth	67.2

V35

**100Mtr H**

Position	Name	Club	Time
	Jenny Robinson	Exeter	15.3

**800Mtrs**

Position	Name	Club	Time
	Linda Brancher	Erme Valley	3.05.8

**Senior Women**

**High Jump**

Position	Name	Club	Height
	Karla Drew	Southampton	1.65
	Roxanne Siemann	Plymouth	1.4

**Shot**

Position	Name	Club	Distance
	Katherine Endacott	Plymouth	10.17
	Kerry Smith Wightman	Plymouth	9.34
	Karla Drew	Southampton	8.95
	Linda Bracher	Erme Valley	4.82

V35

**Discus**

Position	Name	Club	Distance
	Katherine Endacott	Plymouth	26.84
	Kerry Smith Wightman	Plymouth	22.74

V35

**Hammer**

Position	Name	Club	Distance
	Kerry Smith Wightman	Plymouth	32.28

**Senior Men**

**100Mtrs**

Position	Name	Club	Time
	Tyler Johnson	Plymouth	11.2
	Matthew Cawsey	Bideford	11.9
	Aaron Pinch	Plymouth	12.1
	Joe Brasier	Erme Valley	13.5

U20

**200Mtrs**

Position	Name	Club	Time
	Lee Hamilton	Kent A.C.	23.4
	Matthew Cawsey	Bideford	24.6

**400Mtrs**

Position	Name	Club	Time
	Simon Anderson	Plymouth	58.6
	Clive Pengelly	Newquay Par	60.7
	Ross Mugridge	Erme Valley	71.7

Vet

**800Mtrs**

Position	Name	Club	Time
	Nick Andrews	Unattached	2.02.7
	Simon Anderson	Plymouth	2.03.2
	Richard Wallace	South Devon	2.06.0
	Joe Brasier	Erme Valley	2.28.8
	Richard Waldron	Unattached	2.33.6
	Russ Mugridge	Erme Valley	2.40.5

Vet

**1500Mtrs**

Position	Name	Club	Time
	Chris Dobson	Cornwall A.C.	4.02.5
	John Cooper	Plymouth Harriers	4.27.1

**100Mtr H**

Position	Name	Club	Time
	Clive Pengelly	Newquay Par	1704

V50

**Hammer**

Position	Name	Club	Distance
	Rob Woodger	Exeter	38.64

**Pole Vault**

Position	Name	Club	Height
	Cameron Walker Shepherd	Bristol & West	4.5

**Shot**

Position	Name	Club	Distance
	Alex MacGregor	Exeter	11.21

**Long Jump**

Position	Name	Club	Distance
	Joe Brasier	Erme Valley	4.27
	Russ Mugridge	Erme Valley	3.74