

Armada AF
EAST CORNWALL & WEST
DEVON ATHLETICS FORUM



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Here are the details of the third South West League meeting of 2009 at Braunton. N Devon on Sunday 5th July. As you know Armada is a composite team of all the clubs in the area. The events you can take part are shown on the attached timetable. You are allowed to do up to 3 events and a relay (5 for U-20). We can have an unlimited number of athletes taking part in each track event and 3 in each field event, so we hopefully can accommodate everyone in their preferred events. Having said that **we need to fill all the events as only 2 athletes per event score points.**

We are currently lying equal 1st in the division with Exeter and Mendip, so every point will be vital. We need to get as many of you there as possible.

We have again booked a coach which is subsidised by the funding from our Athletics network allocation. There is therefore no charge to travel on the coach.

Coach leaves Novotel Car park at 8.00am and picks up at Ivybridge Leisure Centre at 8.15am'

Please look at the timetable (programme B) and select your events. I would be grateful if you could let me know as soon as possible if you can come along and your preferred events. If you want a place on the bus then let me know as soon as possible

Numbers and vests will be issued on the day. If you need further details then my number is 01752 893573. My mobile contact on the day will be 07971536248. We aim to back by 8pm.

The final fixture will take place on the 6th September at Yeovil.

We are also missing a few vests, if you have one please bring it along or return it to me.

Many thanks

Keith Reed
Team Manager