

Event Timetable

Saturday 12th December 2009

Track Times

Time	Event	Gender	Predicted No. of Races
12.20	3000m	Men & Women	1
12.45	60m Hurdles	Men	3
13.10	60m Hurdles	Women	1
13.40	600m	Women	1
13.45	600m	Men	4
14.10	60m	Women	3
14.25	60m	Men	7
15.20	Medley Relay (1600, 1200, 800, 400) (Prize Money) First 8 Teams Enter in Advance **	Men	1
15.40	300m	Women	4
16.00	300m	Men	8
16.45	800m*	Women	1
17.00	1000m*	Men	3

Field Times

Time	Event	Gender	Predicted Nos.
13.30	Long Jump*	Men	12
13.40	Long Jump*	Women	6
13.45	Pole Vault	Men & Women	30
14.30	Shot*	Men & Women	20
15.30	High Jump*	Men	12
15.30	High Jump*	Women	6

* Event for Men's and Women's Pentathlon (run in conjunction with individual events).

** Contact Scott Simpson on SSimpson@uwic.ac.uk for team entries in advance.

£200 Prize Money for winning team.