

SOUTH WEST ATHLETICS LEAGUE 2008

Programme B 2008

<u>Track</u>			<u>Field</u>
11.30	400mH	Men	11.30 Javelin U13B
	400mH	U20M	Long Jump U13 G
	400mH	U17M	Shot U15G
	400mH	Women	Hammer Women
	300mH	U17W	High Jump U15B
12.10	3000m	U17M	12.00 Pole Vault Men /U20men
	3000m	U15B	12.15 Long JumpU17M
12.35	100m	U15G	12.30 Hammer U17 W
12.45	100m	U15B	Shot U15B
12.55	100m	Women	12.45 Discus U13 G
13.00	100m	Men	13.00 Long Jump U17 W
13.05	100m	U20M	High Jump Women
13.10	100m	U13G	13.30 Hammer U17M
13.20	100m	U13B	Triple Jump U15B
13.35	100m	U17W	13.45 Long jump U13 B
13.50	100m	U17M	Javelin U13 G
14.05	5000m	Men/U20M/SW	14.00 Shot men
14.35	200m	Men	HighJump U17 W
	200m	Women	14.30 Discus Women/ U17W
	200m	U20M	High jump U17 Men
	200m	U17W	Shot U20 Men
	200m	U17M	15.00 Javelin men
15.05	200m	U15G	long jump U15 G
	200m	U15B	15.30 Long jump Women
	200m	U13G	Discus U17 Men
	200m	U13B	Triple Jump U20 Men
15.55	1500m	U13B	High jump U13 B
	1500m	U13G	15.45 Javelin U15 B
	1500m	U17M	16.00 Discus U15 G
	1500m	U17W	Triple Jump Men
16.25	1500m	U20M	16.30 Javelin U20 M
	1500m	SM/SW	
	1500m	U15B	
	1500m	U15G	
17.00	4x100m RELAYS		
		U13G	
		U13B	
		Men U20M	
		Women U17W	
		U17M	
		U15G	
		U15B	